

University of Iowa  
Hospitals & Clinics  
Department of Nursing Services  
and Patient Care  
Nursing Clinical Education Center  
4 West General Hospital  
319-356-1238

**2020 Dates:**

Thursday, May 7

Thursday, June 11

Thursday, October 22

**Intended Audience:**

UIHC staff involved in the stabilization of neonates. Pre-registration is required. Class size is limited.

**Nursing Credits:**

Optional CE credits are available to nurses at no cost.

**5.75 contact hours** will be granted by UI Hospitals and Clinics Department of Nursing (IBN Approved Provider #34). Participants must attend the entire program to receive full credit.

**Additional Optional Fee:**

Participants may choose to purchase the STABLE Learner Manual available for a fee of \$45. Payment for the manual must be made at the beginning of the class.

**Special Note:**

Bring a calculator; it will be very helpful during the class, but is not required for the testing.

**To Register:**

E-mail Mandy Karstens (amanda-karstens@uiowa.edu) or Jeana Forman (jeana-forman@uiowa.edu) if you plan to attend.

Questions concerning the program should be directed to Mandy at 319-356-3275.

# The S.T.A.B.L.E. Program 2020

Sponsored by: University of Iowa Stead Family Children's Hospital  
Children's and Women's Services

(Brochure for Non NICU- UI Hospitals and Clinics Staff)

**Purpose/Description:**

The purpose of this program is to review the steps involved in stabilization of the neonate after the initial resuscitation, using a mnemonic that allows for easy recall of those steps.

**Location:** 8th floor classroom (8769/8770 JPP), University of Iowa Hospitals & Clinics

**Objectives:** At the completion of the program the participant will be able to:

1. Identify issues of safety and error reduction.
2. Describe infants at risk for hypoglycemia and the symptoms they display.
3. Discuss the process of warming and monitoring severely hypothermic infants.
4. Review the indications for positive pressure ventilation.
5. Describe the components of shock.
6. Identify the major clinical signs of neonatal sepsis.
7. Discuss the ways in which caregivers can support parents of sick neonates.

**Schedule**

8:00 a.m.	Registration
8:05	Welcome and Pre-Test*
9:00	<b>S</b> ugar module and <b>S</b> afe Care
10:00	<b>T</b> emperature module
11:00	Break
11:15	<b>A</b> irway module
12:00 p.m.	Lunch (on your own)
12:45	<b>A</b> irway module (cont)
1:45	<b>B</b> lood Pressure module
2:30	Break
2:45	<b>L</b> ab Work module
3:30	<b>E</b> motional Support module
4:00	Evaluations and Adjourn

\*No CE credit granted

(5 minute post-tests follow each module – no CE credit granted – total of 30 minutes)

**Course Faculty:**

**Emily Spellman, MSN, RNC**, Associate Director, Neonatal Intensive Care Unit, University of Iowa Children's Hospital

**Stephanie Stewart, MSN, RNC**, Nursing Practice Leader, Neonatal Intensive Care Unit, University of Iowa Children's Hospital

**Other S.T.A.B.L.E Instructors will assist as available**

Individuals with disabilities are encouraged to attend all University of Iowa-sponsored events. If you are a person with a disability who requires an accommodation in order to participate in this program, please the Department of Nursing Services and patient care in advance at (319) 356-1238.

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